

## **No Judgement Made**

You may feel bad and guilty,  
For something done this day,  
You may have left discernment,  
Forgone the righteous way.

The choice for what you did there,  
I see no harm therein,  
The judgement that you gave yourself,  
Was faulty — held no sin.

I'm not here to condemn you,  
Support *not* your guilt trip,  
Forget it and move on, dear,  
We're One, with true kinship.

I see you as you are, dear,  
Perfect, whole, and free,  
Innocent now and always,  
That's truly, what I see.

Life is filled with lessons,  
Given through many ways,  
I'm here to help you learn them,  
To dispel ego's ways.

The lesson given this day, dear,  
Repeats itself again,  
Guilt serves no Godly purpose,  
It's ego's sharp linchpin.

When you feel you've made an error,  
With guilt and shame you cry,  
Turn to Me for answers,  
God's love will clarify.

Just put guilt in the past, dear,  
Forget the ego's ploy,  
Let's start afresh this bright new day,  
With innocence and joy.

In closing let Me tell you,  
What you by now have known,  
I am with you always,  
You are not alone.

