

Defenses not Needed

The ego sows complexity,
It tries to overwhelm,
Makes mountains out of molehills,
It grabs and steers the helm.

It throws up harsh suggestions,
On blame and guilt it feeds,
Throws cold water on patience,
On discontent, it breeds.

It leaves you all unsettled,
Puts you in a bind,
Life is now a problem.
And peace, nowhere to find.

It puffs you up, deflates you,
It's truly just hot air,
A system of defenses,
No foundation's there.

The hard part to consider,
It's you who made it up,
You thought you were alone there,
And fear filled up your cup.

A defense system developed,
Ego was its name,
A faker and a liar,
Pretending was its game.

It clings like a blood sucker,
It defends that it's the deal,
Don't let this marauder fool you,
Its just hot air, not real.

You see, dear one, we're joined there,
As One, with Source, we are,
Within, My love awaits you,
You are God's shining star.

Defenses are not needed,
No threat, no harm, no fear,
You're held in God's sweet Oneness,
No separation's here.

Choose to join with Me, dear,
Let ego's bluster go,
I'm here to guide you, love you,
Your truth is what you'll know.

You are God's child inherent,
With His meaning there, as you,
You are His point of light, dear,
Where *living love* comes through.

In closing, let Me tell you,
What you, by now, have known,
I love you and am with you,
You are not alone.

6/23/21. Given from Jesus. Sharing is encouraged, but please acknowledge the website, Thanks.