

## **Rest with Me**

A day of rest is called for,  
Time to rest *with Me*,  
With what we share together,  
Our blissful harmony.

Rest from daily pressure,  
*With Me*, find deep release,  
My arms will hold you gently,  
And effort will surcease.

I see you've felt some strain, there,  
Some anxious thoughts, it seems,  
*With Me*, your mind's at peace, dear,  
Love heals, renews, redeems.

Joined in Mind *with Me*, dear,  
As One, there's solid ground,  
No dissonance to bother you,  
Your Mind, true rest, has found.

You'll feel revitalization,  
You've opened up love's door,  
And joyful restoration,  
*With Me*, you have in store.

You may go out in nature,  
Or watch some screen, TV,  
But take some time in quiet,  
Find rest and peace *with Me*.

Since we are One together,  
When you rest *with Me*,  
I also rest in you, dear,  
Likewise, the Entirety.

God moves as One, as Wholeness,  
As Universal Mind,  
Your choice to join *with Me*, dear,  
Impacts the Whole, in kind.

In closing I will tell you,  
Again, what you have known,  
I am with you always,  
You are not alone.

9/26/21. Given from Jesus. Sharing is encouraged, but please acknowledge the website. Thanks.

